

# New Life Nursery School

## Wellness policy with COVID protocols

### Updated: September 1, 2022



#### General Health and Wellness Policy:

- Please carefully monitor your child's health. Do not send your child to school if s/he is not feeling well.
- Please do not send your child to school if he or she has had any of the following symptoms within the prior 24 hour period: fever, vomiting, diarrhea, undiagnosed rash, infection of the eyes (typically indicated by discharge or crusting of the eyes), undiagnosed cough or sore throat, runny nose with a discolored discharge
- Please notify your child's teacher of any absences due to illness.

#### Informing our response to the COVID pandemic:

- New Life Nursery School will closely monitor the guidance of the CDC, the Office of Child Development and Early Learning and the Montgomery County Office of Public Health, which is updated weekly. You can access these resources here:
  - <https://www.cdc.gov/media/releases/2022/p0811-covid-guidance.html> (CDC Update 8/11/22)
  - [PURPOSE BACKGROUND DISCUSSION](#) (OCDEL link)
  - <https://www.montcopa.org/3562/School-Guidance> (MCOPH link)
- NLNS will also monitor current data as provided by the American Academy of Pediatrics. You can access this resource here: [All AAP | AAP](#)

#### School practices and procedures:

- Masks are optional for all students and staff
- Handwashing will occur upon students' arrival at school. Handwashing will be encouraged throughout the day, and practiced by all classes before eating, after toileting, and after recess.
- Cleaning of common surfaces will occur frequently throughout the day.
- Classes will be kept within their cohort as much as possible. Extended day students may be intermingled, depending on enrollment for Enrichment (Pre-K) and Arts & Movement (Younger classes). As long as the minimum of 6 students in each group is met, Enrichment and Lunch Bunch will be held in separate spaces. Extended Day groups will be kept to a maximum of 12 children per group.

#### In the case of a COVID exposure or infection:

- If someone in your household has symptoms of COVID, and is awaiting a test result, please notify your child's teacher. Please provide a mask for your child to wear at school until the test result has been received.
- If someone in your household has tested positive for COVID, please notify your child's teacher. Please provide a mask for your child to wear at school until 10 days have passed since their first exposure to the infected person. Please administer a COVID test to your child after 5 days have passed since their first exposure to the infected person.
- Please have your child tested if s/he develops any COVID symptoms.
- If a child tests positive for COVID-19, they should stay home for at least 5 days, when they are most infectious. If after 5 days, the child has been fever-free for 24 hours or more without the use of medication, and their symptoms are improving or they are symptom-free, they may return to school.
- If a student or staff member tests positive for COVID **and** was in close contact with your child during the 48-hour pre-symptomatic period, you will be notified of your child's potential exposure. Please provide a mask for your child to wear at school until 10 days have passed since their first exposure to the infected person.